

FIRST YEAR SEMINAR

__UCO 1200, HON 1515, or WRC 1103 (3 of 6 s.h. will count here) or __UCO MET* (0 s.h.)

*open to students who: 1. graduated from high school more than one year prior to entering Appalachian; 2. are classified as transfer students by Admissions; AND 3. have earned 30 or more transferable semester hours at one or more postsecondary institutions prior to entering Appalachian. Credit by exam, university placement credit, and credit for life or military experience are excluded from the 30 s.h. Students using this option will have 41 s.h. of General Education.

WRITING ACROSS THE CURRICULUM (6 s.h. required)

__R C 1000, LLC 1000, or WRC 1103 (3 of 6 s.h. will count here)

__R C 2001 or WRC 2001

MAJOR REQUIREMENTS (hours count in major requirements)

__Junior Writing in the Discipline ("WID" on major Program of Study)

__Senior Capstone Experience ("CAP" on major Program of Study)

WELLNESS LITERACY (2 s.h. required)

Choose from the following:

1 s.h. courses: __, __P E 1530-1549, P E 1700-1877

2 s.h. courses: __DAN 1405, 1410, 1420, 1430, 2405, 2410, 2420, or 2430, __HPE 1000, __MSL 1101, __P H 1105, __SSU 2280, 2480, 2580, or 4580

3 s.h. courses (additional hour may count as elective):
__DAN 4460, __HPE 4320, __NUT 2202, __P E 1718

QUANTITATIVE LITERACY (4 s.h. required)

4 s.h. courses (These courses fully complete this requirement.): __C S 2435, __MAT 1010, 1020, or 1110, __STT 2820, __WRC 1010

3 s.h. courses (These courses count toward, but do not fully complete, this requirement.):

__ECO 2100 or 2200, __MAT 1035, __STT 1810, 2810, or 3820

1 s.h. courses (for students who transfer 3 s.h. of QL coursework): __MAT 1005, __STT 1805 (not open to students with other STT credit)

NOTE: If you have transferred 3 hours of QL coursework, please check with your advisor to see if your intended major or minor requires a course which can count for the final QL hour.

SCIENCE INQUIRY requires 8 semester hours from one theme (underlined). Courses in themes marked with an * must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.

Biology in Society: BIO __1201 (3 s.h.), __1202 (3 s.h.), and __1203 (2 s.h.) or (for transfer credit) BIO __1201 (3 s.h.)/1204 (1 s.h.) and __1202 (3 s.h.)/1205 (1 s.h.)

The Blue Planet: take both: GES __1104 (4 s.h.) and __1105 (4 s.h.)

* **Chemistry Connections to Our Changing World:** take both: CHE __1101 (3 s.h.)/1110 (1 s.h.) and __1102 (3 s.h.)/1120 (1 s.h.)

Global Environmental Change: choose 2 from: __BIO 1103 (4 s.h.), __GHY 1011 (4 s.h.), __GHY 1012 (4 s.h.), __GES 1103 (4 s.h.), __GES 1104 (4 s.h.)

* **How Things Work:** take both: PHY __1101 (4 s.h.) and __1102 (4 s.h.)

Life, Earth and Evolution: take both: __ANT 1430 (4 s.h.) and __GES 1102 (4 s.h.)

* **The Physics of Our Technological World:** take both: PHY __1103 (4 s.h.) and __1104 (4 s.h.)

Physics of Self Expression: choose 2 from: PHY __1101 (4 s.h.), __1812 (4 s.h.), and __1814 (4 s.h.)

* **Physics with Calculus:** take both: PHY __1150 (5 s.h.) and __1151 (5 s.h.)

Restless Planet: Earth, Environment and Evolution: choose 2 from: GES __1101 (4 s.h.), __1102 (4 s.h.), and __1103 (4 s.h.)

* **Voyages Through the Cosmos:** take both: AST __1001 (4 s.h.) and __1002 (4 s.h.)

NOTE: A 1 hour lab option **may** be available for students who have transferred in a 3 hour science lecture course. Please contact the Office of General Education at (828) 262-2028 or gened@appstate.edu for more information.

DESIGNATIONS (3 s.h. of each required); may be taken in Integrative Learning Experience or Liberal Studies Experience:

___ Fine Arts (FA), ___ Historical Studies (HS), ___ Literary Studies (LS), ___ Social Science (SS)

INTEGRATIVE LEARNING EXPERIENCE: Complete 9 semester hours from a single theme. Students must take courses from at least two discipline prefixes in the chosen theme with the exceptions of “Appalachian Mountains: Community, Culture, and Land” and “Experiencing Inquiry: How to Ask Questions.” All courses are 3 semester hours.

- American Culture: Past and Present:** ___ANT 2235 (SS), ___COM 3130, ___ENG 2120 (LS), ___GHY 3016 (SS), ___HIS 2525 (HS), ___IDS 2000, ___REL 3110, ___S W 2020 (SS)
- Appalachian Mountains: Community, Culture, and Land:** ___A S/MUS 2016 (FA), ___A S 2200 (LS), ___A S/GES 2301, ___A S 2411 (SS), ___A S 3000, ___HIS 3726 (HS), ___SOC 3710 (SS)
- Cultivating Creative Expression:** ___ART 2022 (FA), ___ENG 2360 (LS), ___MUS 2022 (FA), ___THR 2022 (FA)
- Experiencing Inquiry: How to Ask Questions:** ___WRC 2201 (LS), ___WRC 2202 (HS), ___WRC 3000 (SS), ___WRC 3203 (FA)
- Expressions of Culture:** ___COM 2124 (SS), ___DAN 2020 (FA), ___DAN 2030 (FA), ___HIS/IDS 3340 (HS), ___LLC 2050, ___THR 2020 (FA)
- From Empire to Globalization:** ___ANT 1415 (SS), ___ANT 2340 (SS), ___ENG 2040 (LS), ___GWS 2525, ___GHY 3017 (SS), ___GLS 2000, ___HIS 1400 (HS), ___P S 2120
- How We Know What We Know About the Past: Method, Evidence, Knowledge:** ___ANT 1420 (SS), ___ANT 1425 (SS), ___GHY 3005 (SS), ___GES 1842, ___HIS 2312 (HS), ___HIS 2320 (HS), ___LLC 2045 (LS), ___PLN 3730 (SS)
- How We Tell Stories:** ___C I/ITC 2010, ___ENG 2170, ___IDS 2211, ___LLC 2025 (LS), ___PHL 1502, ___REL 2020 (LS), ___THR 2005 (FA), ___THR 3640 (FA)
- The Human-Animal Bond:** ___ENG 2430 (LS), ___ENG/S D 3715 (LS), ___GLS 3580, ___HIS 2150 (HS), ___PHL 2010, ___WRC 2100
- Imagination, Innovation, and Meaning:** ___ANT 2440 (SS), ___DAN 2010 (FA), ___HIS 1110 (HS), ___MUS 2018 (FA), ___PHL 2013, ___THR 2010 (FA)
- Intersections: Race, Class, and Gender:** ___ANT 2420 (SS), ___ENG 2130 (LS), ___GWS 2421, ___MUS 2023 (FA), ___PHL 3050, ___P S 3410, ___SOC 2050 (SS), ___S W 2615
- Las Américas:** ___ANT 2300 (SS), ___GHY 3014 (SS), ___GLS 3020 (HS), ___HIS 2301 (HS), ___HIS 2302 (HS), ___LLC 2040 (LS), ___REL 3100, ___WRC 2400 (FA)
- Revolutions: Social and Political:** ___ART 2019 (FA), ___HIS 1501 (HS), ___HIS 2340 (HS), ___MUS 2015 (FA), ___PHL 3030, ___SOC 1100 (SS), ___THR 2017 (FA)
- Social Relations Across Contexts:** ___COM 2121, ___GHY 3230 (SS), ___HIS 1120 (HS), ___PLN 3040 (SS), ___PSY 2100, ___PSY 2213 (SS), ___SOC 1110 (SS)
- Sustainability and Global Resources:** ___FCS 2110, ___FER 1000, ___GHY 1010, ___IDS 3010, ___PHL 2015, ___PHY 1830, ___S D 2400, ___TEC 2029 (SS)
- War and Peace:** ___ANT 2222 (SS), ___GLS/JHP 2350, ___HIS/JHP 2300, ___HIS 3158(HS), ___HIS 3823 (HS), ___P S 4225 (SS), ___REL 3170, ___SOC 3800 (SS)

LIBERAL STUDIES EXPERIENCE: Complete 12 semester hours from at least three discipline prefixes. Unless otherwise indicated, all courses are 3 semester hours.

- Anthropology (ANT):** ___2100 (SS), ___2400 (SS), ___2430 (SS), ___2700 (SS), ___2800 (SS)
- Appalachian Studies (A S):** ___2020, ___2025
- Apparel Design and Merchandising (ADM):** ___1000 (SS)
- Arabic (ARB):** ___1050
- Art (ART):** ___2011 (FA), ___2016 (FA)
- Art History (ARH):** ___2030 (FA), ___2130 (FA)
- Astronomy (AST):** ___1050
- Career and Technical Education (CTE):** ___1590
- Chinese (CHN):** ___1050
- Commercial Photography (PHO):** ___2032
- Communication (COM):** ___2105, ___3300, ___3315
- Criminal Justice (C J):** ___3450 (SS)
- Curriculum & Instruction (C I):** ___C I/R M 2000
- Dance (DAN):** ___1431 (FA), ___2800 (FA), ___3430 (FA), ___3435 (FA), ___3445 (FA)
- Economics (ECO):** ___2030 (SS), ___2040 (SS), ___2620 (SS)
- English (ENG):** ___1500, ___2030 (LS), ___2050 (LS), ___2060 (LS), ___2070 (LS), ___2175, ___2190 (LS), ___2350 (LS), ___ENG/JHP 3712 (LS)
- Family & Child Studies (FCS):** ___2103 (SS), ___2111
- Finance (FIN):** ___2860
- French (FRE):** ___1050 OR ___1060 (3 of 6 s.h. count in General Education)
- Gender, Women’s, and Sexuality Studies (GWS):** ___2600
- Geography (GHY):** ___1020 (SS), ___1040 (SS), ___3013 (SS)
- German (GER):** ___1050 OR ___1060 (3 of 6 s.h. count in General Education)
- History (HIS):** ___1101 (HS), ___1102 (HS), ___1130, ___1200 (HS), ___1700, ___HIS/WRC 3210, ___3350 (HS), ___3728 (HS)
- Honors College (HON)** (restricted to HON students): ___2515, ___3515
- Industrial Design (IND):** ___1401 (FA)
- Interdisciplinary Studies (IDS):** ___IDS/WRC 2204, ___3025, ___3250
- Interior Design (INT):** ___1300 (FA)
- Japanese (JPN):** ___1050
- Judaic, Holocaust, and Peace Studies (JHP):** ___JHP/REL 2110 (HS), ___JHP/ENG 3712 (LS)
- Languages, Literatures, and Cultures (LLC):** ___LLC/WRC 2030, ___3430 (LS)
- Latin (LAT):** ___1050
- Music (MUS):** ___2011 (FA), ___2014 (FA), ___2017 (FA)**, ___2025 (FA), ___2052, ___2611 (HS) (2 s.h.), ___2612 (HS) (2 s.h.), ___2613, ___2616 (FA), ___3611 (HS) (2 s.h.)
- Nutrition (NUT):** ___2351 (SS)
- Philosophy (PHL):** ___1000, ___1100, ___1501, ___1503, ___2000, ___3000 (HS), ___3013, ___3015, ___3020, ___3200 (HS), ___3550, ___3600
- Physics (PHY):** ___1600
- Planning (PLN):** ___2410 (SS)
- Political Science (P S):** ___1100 (SS), ___1200 (SS), ___2130 (SS)
- Portuguese (POR):** ___1050
- Psychology (PSY):** ___1200 (SS), ___3010
- Public Health (P H):** ___2000 (SS)
- Recreation Management (R M):** ___R M/C I 2000, ___2100 (SS), ___2140 (HS)
- Religious Studies (REL):** ___1010 (LS), ___1100 (SS), ___1110, ___1120, ___2010 (LS), ___2030 (LS), ___REL/JHP 2110 (HS), ___2120 (HS), ___2130, ___2150 (HS), ___2180
- Russian (RSN):** ___1050
- Sociology (SOC):** ___1000 (SS), ___2020 (SS), ___2850 (SS), ___3100 (SS)
- Somatic Sustainability (SSU):** ___2460
- Spanish (SNH):** ___1050 OR ___1060 (3 of 6 s.h. count in General Education)
- Technology (TEC):** ___2601
- Theatre (THR):** ___2025 (FA)**, ___2030 (FA), ___2300 (FA), ___2610 (FA), ___3730 (FA)
- Watauga Residential College (WRC):** ___1104 (6 s.h.) (Restricted to WRC students), ___WRC/LLC 2030, ___WRC/IDS 2204, ___2403 (LS), ___2405, ___WRC/HIS 3210, ___3401 (LS), ___3403 (FA), ___3665 (LS)

**A student may use either MUS 2017 or THR 2025, but not both, to meet General Education requirements.