### DESIGNATIONS (3 s.h. of each required within coursework)
- **Fine Arts (FA)**
- **Literary Studies (LS)**
- **Historical Studies (HS)**

### FIRST YEAR SEMINAR
- **UCO 1200 or HON 1515 or WGC 1103 (3 s.h.)**
- **ENG 1000 or FL 1000 or WGC 1103**
- **Eng 2001 or WGC 2001**

*open to students who transfer at least 30 s.h. AND are at least one year out of high school. Students using this option will have a 3 s.h. reduction in General Education requirements.*

### APPALACHIAN INTEGRATIVE LEARNING EXPERIENCE (9 s.h.)
- Choose one **theme** (underlined) and complete 9 s.h. from at least two disciplines in the theme.
- Transfer and AP credit may not be applied within the Integrative Learning Experience.

### LIBERAL STUDIES EXPERIENCE (12 s.h.): Choose 12 s.h. from at least two different disciplines.

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This box would include courses that would be approved for inclusion in the Liberal Studies Experience. Any courses that are suitable for non-majors and can commit to addressing and assessing one or more of the four goals of the General Education Program could be proposed for inclusion in the Liberal Studies Experience.

### SCIENCE LITERACY (7-8 s.h.)
- Choose one **theme** (underlined) and complete 7-8 s.h. in that theme.
- Themes with an * must be taken in sequence.
- Courses in red are in two themes but may only count in one of the two.
  - **Biology and Society**: BIO 1101, BIO 1102
  - **The Blue Planet**: GY 1104, GY 1105
  - **Chemistry Connections to Our Changing World**: CHE 1101/ CHE 1110, CHE 1102/ CHE 1120
  - **Global Environmental Change**: BIO 1103, GY 1011, GY 1012, GY 1104
  - **How Things Work**: PHY 1101, PHY 1102
  - **Life, Earth and Evolution**: ANT 1430, BIO 1102, GY 1104
  - **The Physics of Our Technological World**: PHY 1101, PHY 1810, PHY 1812, PHY 1814
  - **Physics of Self Expression**: PHY 1101, PHY 1102
  - **Physics with Calculus**: PHY 1150, PHY 1151
  - **Restless Planet: Earth, Environment and Evolution**: GY 1011, GY 1102, GY 1103
  - **Voyages Through the Cosmos**: AST 1001, AST 1002

### QUANTITATIVE LITERACY (3-4 s.h.)
- **MAT 1010**
- **MAT 1030**
- **CS 1445**
- **STT 2810**

### WELLNESS LITERACY (2 s.h. required)
- 1 s.h. COURSES: PE 1700-1877, PE 1530-1545, (1) __________ (2)
- 2 s.h. COURSES: HP 1105, HED 1000, DAN 1400, DAN 1410, DAN 1420, DAN 2400, DAN 2410, DAN 2420, DAN 2430, DAN 3480, DAN 3580, MSL 1101

### MAJOR REQUIREMENTS (These hours count in the major requirements, not in the 42-44 s.h. of General Education requirements)
- **Junior Writing in the Discipline (WID)**
- **Senior Capstone Experience (CAP)**